

NOTICE TO ALL PERSONS PARTICIPATING IN ATHLETIC, RECREATIONAL, AND ADVENTURE PROGRAMS,  
WORKSHOPS AND OTHER ACTIVITIES INVOLVING RISK OF BODILY OR PERSONAL INJURY AND/OR PROPERTY  
DAMAGE

ASSUMPTION OF RISK AND INSURANCE CERTIFICATION  
(READ CAREFULLY BEFORE SIGNING)

ACTIVITY \_\_\_\_\_ DATE OF EVENT \_\_\_\_\_

Many programs, activities and workshops involve substantial risks of injury, property damage and other dangers associated with participation in such activities. Dangers related to such activities include, but are not limited to hypothermia, broken bones, strains, sprains, bruises, drowning, concussion, heart attack and heat exhaustion.

Each participant in the activit.018 Tw tuv Tw ( )Tj -0.018 Tw (ina (s)Tj 1 0 0i22.351 -10.e akti22.351 -10.e akti22.351 )Tj 0.036 Tc -j -0.0.Tsp